

### CCM Video Assignment Description

The video that I chose for the CCM Video Assignment is titled "Cognitive Science: What Is It and Why Is It Important?". This video describes cognitive science in a short and concise way. This video is relevant to what we are studying in COG 366 because it states that "cognitive science seeks to reverse engineer some of the most complicated and poorly understood processes that occur in the human brain." That statement made me think of the Hofstadter Jumbo reading that we had to do in class. The Hofstadter reading also addressed how the brain solves complicated problems. I would rate the video as a 5 because I thought it described cognitive science in a clear and concise way and I was able to link what we learned in class to the video on cognitive science. I also really liked the visuals and the smooth jazz music that was played throughout the video.